

Lodging and Transportation Information for the 7th International Phytochemical Conference

Location

The conference will be held at the Nutralite Health Institute Center for Optimal Health, 5600 Beach Blvd., Buena Park, California, 90622, USA on October 20-21, 2008.

Hotel Accommodations

A block of rooms has been reserved at the Courtyard by Marriott in Buena Park at a reduced rate for conference attendees. Single and double occupancy rate is \$114/night, excluding tax. Breakfast is not included. After September 29th, rates will vary and are subject to availability. The Courtyard by Marriott is located at 7621 Beach Blvd, Buena Park, CA, 90620, less than three miles from the Center for Optimal Health. The renovated rooms and suites have a spacious and comfortable work area, and complimentary high-speed Internet. The hotel also offers a fitness center, an outdoor heated pool and a business center ready to meet any computer, printing and fax service needs. For reservations, please call **888-236-2427**. To receive the discounted rate, please mention you will be attending the Nutralite Phytochemical Conference.

Airport Transportation

The closest airport to the Nutralite Health Institute is the John Wayne International Airport; however the Los Angeles International Airport (LAX) and the Long Beach (Daugherty Field) Airport are also within reasonable driving distance. Airport shuttle service is available from **Advantage Airport Transportation (800) 752-5211** (www.agtcorp.com) or **SuperShuttle (800) BLUE VAN** (www.supershuttle.com).

Driving Directions

FROM JOHN WAYNE AIRPORT (SANTA ANA, CA) TO THE NUTRILITE HEALTH INSTITUTE CENTER FOR OPTIMAL HEALTH (20.1 MILES)

Exit airport by turning left onto MACARTHUR BLVD - go 0.4 mile

Merge onto I-405 N - go 0.6 mile

Merge onto CA-55 N - go 4.2 miles

Merge onto I-5 N - go 13.6 miles

Take exit 116 toward BEACH BLVD/CA-39 - go 0.1 mile

Turn right onto MANCHESTER BLVD - go 0.1 mile

Turn left onto BEACH BLVD/CA-39 - go 0.7 mile

FROM LOS ANGELES INTERNATIONAL AIRPORT (LAX) TO THE NUTRILITE HEALTH INSTITUTE CENTER FOR OPTIMAL HEALTH (28 MILES)

EXIT on WORLD WAY S - go < 0.1 mile

Take ramp onto SEPULVEDA BLVD SOUTH toward I-105 - go 0.7 mile

Take ramp onto I-105 EAST - go 17.1 miles

Take the I-605 N exit - go 1.7 miles

Take the I-5 N exit toward SANTA ANA - go 7.3 miles

Take exit 117/ARTESIA BLVD/KNOTT AVE - go 0.1 mile

Turn left on ARTESIA BLVD - go 0.7 mile

Turn left on BEACH BLVD - go 0.3 mile

FROM LONG BEACH AIRPORT TO THE NUTRILITE HEALTH INSTITUTE CENTER FOR OPTIMAL HEALTH (15.3 MILES)

From Long Beach Blvd., bear right on E Donald Douglas Dr - go 0.2 mi

E Donald Douglas Dr becomes E Wardlow Rd - go 1.7 miles

Turn left on Los Coyotes Diagonal - go 1.1 miles

Turn right on Carson St - go 0.9 mile

Bear right onto I-605 N - go 3.1 miles

Take the CA-91 E exit - go 6.4 miles

Take the CA-39/BEACH BLVD exit onto Ramp toward BUENA PARK - go 0.3 mile

Turn left on Beach Blvd [CA-39] - go 1.6 miles